




Govt. College Sainj (H.P.) College Activity



Sr. No.	Particular	Remarks
1	Date / दिनांक	07.03.2025
2	Name of Activity	Mentor-Mentee Interaction
3	Name of Department Organizing the Activity	Department of Political Science
4	Name of Collaborating Agency (If Any)	NA
5	No. of Student Participants	25
6	No. of Teacher Participants	01
7	Brief Report सांक्षिप्त प्रदिवेन	 <p>On Dated: 07.03.2025, Prof Prem has conducted a mentor-mentee session and interacted with students on topic “Mental Health”. Approx 25 students participated in this event. In this lecture, the speaker focused on the various issues like stress, depression and their management. Students also actively participated in this event.</p>

Organizer

Principal
Govt. College Sainj (H.P)